



Bonnie Harrington-Ohashi

December 29, 1936 - March 10, 2026

Bonnie Harrington-Ohashi, 89, was born December 29, 1936. She died March 10, 2026 after a short illness. Wife to Wataru Ohashi. Mother to Kazuhiro Ohashi.

Born in Emmett, Idaho to Edna Clause and Robert Harrington. Bonnie was born into a humble life — her mother was an orphan and her father a ranch hand — her childhood lived as a cowgirl. She grew up with her parents and sister and brother — Darlene and Ronnie. Bonnie knew there was more for her beyond the rolling hills of Emmett. She completed her studies at the College of Idaho and then went to graduate school on a fellowship to the University of Pittsburgh. There she met fellow students from all backgrounds. She worked as editor at the University Press in Pittsburg until she felt the need to expand her experience and took a job in Westport, Connecticut as Managing Editor at a small publishing house. Westport offered little social life for a single woman; and after a year she left for New York City.

She worked for Harcourt Brace and Macmillan publishers, in their School textbooks departments. During the '70s NYC was an exciting place to be — for the arts and for cultural changes. Bonnie would spend her free time going to plays, museums and dance performances

While working on an assignment for MacMillan to expand the role of girls in reading textbooks Bonnie reached out to the National Organization for

Women, NOW, for help. NOW was a new organization at that time promoting political and occupational rights for women. She became involved with NOW meeting some luminaries in the field such as Betty Friedan and Gloria Steinem. Bonnie volunteered as Vice President of the NYC chapter. (It was because of the work of organizations like NOW that Title Nine was passed, granting equal rights to girls to be trained in sports.)

At this time Bonnie also attended weekly classes in Hatha Yoga. And through that met Wataru Ohashi at a retreat where they were immediately attracted to each other. To many this seemed like a strange union — a feminist woman and a chauvinist Japanese man. Bonnie's girlfriends at the time shook their heads in disbelief.

Within a year Bonnie quit her job at Harcourt Brace and began working with Ohashi to help organize and promote his work and school. It was a life-long journey for Bonnie.

Bonnie and Ohashi married in 1977. She was the Vice President of the international organization: The Ohashi Institute in New York City. She dedicated herself to developing the curriculum for the Institute. She was instrumental in helping to publish Ohashi's books, 8 in total and many more international language editions. She ran the Ohashi Institute in New York City from 1977 to 2011. Then continued to support Ohashi from the office in Kinderhook, New York.

Bonnie traveled to 30 different countries and many cities in Europe. Bonnie helped students around the world graduate from the Ohashiatsu curriculum. She helped many instructors become successful teachers. She organized, sacrificed and worked tirelessly to continue the vision of Touch for Peace around the world. The success of Ohashi, the Ohashi Institute, Ohashi International and OHASHI Method is directly attributed to her dedication.

In her free time Bonnie was a skilled gardener. She would spend much of her time tending to her garden but also to her indoor plants. She would talk to them. Encouraging them to grow and bloom. Even up until her hospitalization Bonnie enjoyed going to museums — the Thomas Cole Museum being one of her favorites. She would attend local plays at the Ghent Playhouse. Bonnie and her son attended a production recently in late January.

Bonnie is survived by her husband Wataru Ohashi and son Kazuhiro Ohashi. And many nieces and nephews across the United States. Preceding Bonnie in death were her mother Edna, father Robert, brother Ronald (Ronnie) and sister Darlene.

Previous Events

Funeral Service

MAR **26**. 11:00 AM - 1:00 PM (ET)

Sacco Funeral Home

700 Town Hall Dr

Hudson, NY 12534

(518) 828-5000

smvfh700@gmail.com

<https://www.saccofuneralhome.com/>

Tribute Wall

DG

“ Dennis G. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Bonnie Harrington-Ohashi.

Dennis G. - March 30 at 10:19 PM

KS

“ Krystal S. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Bonnie Harrington-Ohashi.

Krystal S. - March 26 at 12:47 PM

KS

“ I have always been very fond of Bonnie. I met in her in 2006 when studying at the Ohashi Institute. I was always impressed with her ability to remember everyone and make them feel special. After I graduated in 2008, sometimes a year would pass before I checked in. When I would call Bonnie always answered and remembered exactly who I was. She was the rock and heart behind the Ohashi Institute. - Last year she Ohashi and Kazu invited us into their home where Ohashi officiated me and my husband Joseph in marriage. She was as elegant as ever and smiled humbly when I let her know. - I love you like family Ohashi and Kazu and wish you peace in the fond memories of Bonnie at this time.

Krystal Stone - March 26 at 12:45 PM

MD

“ Mark D. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Bonnie Harrington-Ohashi.

Mark D. - March 26 at 10:50 AM

KM

“ Kathleen M. planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Bonnie Harrington-Ohashi.

Kathleen M. - March 26 at 08:17 AM

MN

“ I started working for the Ohashi's in the late '90's. At first, it was just Bonnie and Mr. Ohashi living at the house. They would have me do painting, and simple repairs around their home. I got to know the two of them, and enjoyed their company, as they were very warm welcoming me into their home. Later on, Kazu came back to live with them, and help them with the Ohashi Institute. They sometimes had different ideas on what to fix first, and how to go about it. I enjoyed hearing the two, but Bonnie would let Kazu do it his way. I am going to miss her smile, and the warmth she brought into their home. My heart goes out to Mr. Ohashi and Kazu in their loss. May she rest in peace, for she was a kind woman with a good heart.
Mario

mario nistico - March 25 at 08:32 PM

VR

“ Vel Riberto planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Bonnie Harrington-Ohashi.

Vel Riberto - March 25 at 04:04 PM

IF

“ *Inna Razumovscaia's family purchased the Simply Elegant Spathiphyllum for the family of Bonnie Harrington-Ohashi.*



Inna Razumovscaia's family - March 25 at 01:52 PM

IF

“ *Inna Razumovscaia's family planted a [Memorial Tree](/store/Product.aspx?ProductId=4518) in honor of Bonnie Harrington-Ohashi.*

Inna Razumovscaia's family - March 25 at 01:52 PM

CC

“ *1 file added to the tribute wall*



Connie J Cady - March 25 at 11:18 AM

CC

“ *1 file added to the tribute wall*



Connie Cady - March 25 at 11:05 AM

TC

“ *The family of Steve & Connie Cady purchased the Your Light Shines for the family of Bonnie Harrington-Ohashi.*



The family of Steve & Connie Cady - March 24 at 02:37 PM

EM

“ *My deepest condolences to Bonnie's family. May she rest in peace.*

Eddie Miranda - March 23 at 02:14 PM



“ *A grove of 5 [Memorial Trees](/store/Product.aspx?ProductId=4518) was planted in honor of Bonnie Harrington-Ohashi.*

March 19 at 08:50 PM



“ *Serene Reflections Bouquet was purchased for the family of Bonnie Harrington-Ohashi.*



March 19 at 08:37 AM