



Teresa Mittermayr

December 16, 1954 - February 15, 2023

Teresa Mittermayr, 68, of Hudson, passed away on Wednesday February 15th, 2023, at Memorial Sloan Kettering Cancer Center. She battled a short illness, and was surrounded by her daughter Kristina, her husband Helmut, and many other friends during her last days. Once her hospice care began, the staff at Sloan Kettering not only made sure she was free of pain and as comfortable as possible, but also fulfilled her spiritual and emotional needs, and that of her family.

Teresa immigrated from Poland to NYC in 1991, for dental treatment. She took one English class after moving, to learn her name and the most basic phrases, and kept an English-Polish dictionary with her anywhere she went, until it fell apart. She became an American citizen, but also never lost love for home country. She went to evening college courses for two years to become a medical coder in 2008 at Columbia Memorial Hospital. She was very close with her amazing coworkers.

Teresa was very intelligent, had a great sense of humor, and was extremely kind. She loved skiing with her daughter and husband, traveling to her family in Poland, gardening, and spending time with her friends, and her friends that became family. Many admired her devotion to motherhood. She always showed up for her daughter and husband. Kristina was incredibly important to her, and she loved Kristina with every part of her. Kristina is incredibly proud

to be her daughter, and couldn't imagine a better mother if she tried.

Teresa's church services will take place on Saturday, February 25th. At St Joseph's Catholic Church, 1820 State Route 9, Stuyvesant, NY 12173.

Visitation will begin at 11:00 AM, followed by a Mass of Christian Burial at 12:30. Burial will take place privately at Cedar Park Cemetery.

Cemetery Details

Cedar Park Cemetery

20 Columbia Tpke.
Hudson, NY 12534
(518) 828-0517

Previous Events

Calling Hour

FEB 25. 11:00 AM - 12:20 PM (ET)

The Church of St. Joseph Stuyvesant Falls
1820 U.S. Route 9
Stuyvesant Falls, NY 12174

Mass of Christian Burial

FEB 25. 12:30 PM (ET)

The Church of St. Joseph Stuyvesant Falls
1820 U.S. Route 9
Stuyvesant Falls, NY 12174

Tribute Wall

GH

“ It is with sadness to have just learned of Teresa’s passing. She was an amazing woman. Our conversations would always include her love of family accompanied by her smile that never failed to brighten my day.
May happy memories remain.

Gary Hutton - January 29, 2024 at 09:08 AM

JM

“ I have known Teresa for 20 years and always enjoyed meetings with her. She was always funny and smart and will be truly missed by her family and friends. My condolences to her family.....Jim McDonald

Jim McDonald - February 25, 2023 at 08:07 AM



“ Peaceful White Lilies Basket was purchased for the family of Teresa Mittermayr.



February 23, 2023 at 04:17 AM



“ Beautiful Dreams was purchased for the family of Teresa Mittermayr.



February 22, 2023 at 07:55 AM



“ *Divine Peace Bouquet was purchased for the family of Teresa Mittermayr.*



February 22, 2023 at 06:33 AM



“ *Beautiful Heart Bouquet was purchased for the family of Teresa Mittermayr.*



February 21, 2023 at 08:57 PM



“ *Teresa was an amazing woman. Strong and dedicated. She loved her family and always put them first. I will remember her strength and positivity. R.I.P great lady. ❤️*

Holly Lynn - February 19, 2023 at 06:34 AM